



## Painting Epic Waves

### *Materials List*

*Instructor: Sabine Baeckmann-Murray*

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#### **Paints (tubes)**

##### **Oils, Water-Mixable Oils or Acrylics**

Burnt Umber  
Burnt Sienna  
Yellow Ochre  
Titanium White  
Cadmium Yellow  
Paynes Gray  
Quinacridone Magenta  
Ultramarine Blue  
Cobalt Teal or Turquoise  
Phthalo Turquoise or Phthalo Green

##### *Transparents (highly recommended)*

Transparent White  
Transparent Yellow Oxide or Quinacridone Gold  
Transparent Red Oxide

*All colors should be available from Jerry's or other online art materials suppliers.*

(Your favorite brands are acceptable)

-My go to's for oils are Lukas 1862 Professional Oils, Schminke Norma Oils, and Daniel Smith Oils

-For Water-Soluble oils, Lukas Berlin Artist Water Mixable Oils

-For Acrylics, Golden Open or Heavy Bodied acrylics and Lukas Cryl Pastos heavy bodied acrylics

#### **Paint Brushes**

3/8" or 1/2" Dagger (hog bristle or Synthetic)

1/4" Dagger

#4 and #8 Filberts (bristle or synthetic)

#10 or #8 Flat

#4 Bristle fan

#0, 1, 2 synthetic pointed rounds for details

*Please bring brushes as listed or as close as possible. I will have some daggers and mops available for purchase in class.*

#### **Mediums- ESSENTIAL!!**

*For Oils:*

Winsor and Newton Liquin Original

Winsor and Newton Liquin Impasto

Winsor and Newton Liquin Fine Detail

(Other favorite brands are acceptable)

ODOR-FREE mineral spirits or similar for cleaning

*For Acrylics:*

Liquitex Professional Slow-Dri Blending Medium

Golden Heavy body Gel medium (gloss or matte)

(Other favorite brands are acceptable)

#### **Canvas**

18" x 24" x 1.5" or **larger** pre-gessoed stretched canvas

**Other** Please also bring an easel (floor or table) if you can  
- your palette complete with either a cover or plastic wrap  
- a small palette knife if desired  
- a sealable container for mineral spirits or a container for water  
- rags or paper towels / baby wipes are also helpful

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Please prepare your canvas with a light burnt sienna wash BEFORE coming to the workshop. Mix some burnt sienna paint enough mineral spirits, or a 50/50 medium/water mix for acrylics, to make a thin wash. Cover the front and all sides of the canvas, then use a rag to rub the wash into the canvas and wipe off any excess wash. Canvas should be dry to the touch within an hour or so.

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#### **PRO TIP (we will cover in this workshop):**

**Your painting should display four basic attributes**

Line • Tone • Color • Edge

**Your painting should exhibit proper**

Form • Depth • Light • Material

**Your painting will then convey a sense of**

Time • Space • Mood • Story



Thank you for painting with me! Please feel free to reach out any time! (716) 704-5588 • [sabinebaeckmannart@gmail.com](mailto:sabinebaeckmannart@gmail.com)